



815/483-7083
Drill@Drill-Dynamics.com
<http://www.Drill-Dynamics.com>
238 Hahlo St. Houston, TX 77020

D&C 101 Curriculum

Platoon/Flight Drill

Instructor Teaching Guide



Week 1

Unit: Platoon/Flight Drill

Lesson: Introduction & a Few More Basics

Online Video(s): Week 1 Videos

Learning Objectives:

- TSWBAT Articulate the Key Components of Each Movement
- TSWBAT Articulate Key Tips for Executing Each Movement

Educational Standards:

- Texas: 117.306.c.1.A
- North Carolina: P.DM.1.2
- Washington: DA:Pr5.1.I.a

Instructional Sequence:

- Introduce Unit/Lesson
 -
- Play Video Lessons
 - Play video lessons for cadets
 - Consider pausing periodically and ask for volunteers to SUMMARIZE key points or REFLECT on the material
 - Cadets should engage with the videos as necessary
- Practice
 - Utilize any additional time to practice the movements in logical small groups before joining together as a platoon/flight for more practice!
- Assess
 - Allow students time to complete the weekly assessment in their student accounts
- Extension
 - See Enrichment Ideas

Experience-Level Differentiation:

- For NEW Cadets: New cadets should work under the close supervision of cadets in leadership/teaching roles & instructors and concern themselves primarily with understanding their individual responsibilities & mechanics for each movement covered
- For EXPERIENCED Cadets: Experienced cadets should ensure that they are “unlearning” any habits that might run counter to the information presented while simultaneously demonstrating disciplined practice etiquette and movement execution as a visual model for new cadets
- For ADVANCED Leaders: Leaders should work with cadets individually and in small groups to ensure that each cadet understands the movement AND their individual responsibilities within that movement; leaders should be mindful to create groups that facilitate individual confidence in the maneuvers even if these are not “traditional” groups such as squads/elements

Enrichment Ideas:

- In this unit, your primary enrichment is the continued practice of the maneuvers towards mastery; platoon/flight drill requires teamwork, leadership, and followership to be accomplished successfully!



Week 2

Unit: Platoon/Flight Drill

Lesson: Platoon/Flight Drill Movements

Online Video(s): Week 2 Videos

Learning Objectives:

- TSWBAT Articulate the Key Components of Each Movement
- TSWBAT Articulate Key Tips for Executing Each Movement

Educational Standards:

- Texas: 117.306.c.1.A
- North Carolina: P.DM.1.2
- Washington: DA:Pr5.1.I.a

Instructional Sequence:

- Introduction
 - Use Dynamic Warm Up from Unit 1 to prepare to execute the movements
- Play Video Lessons
 - Play video lessons for cadets
 - Consider pausing periodically and ask for volunteers to SUMMARIZE key points or REFLECT on the material
 - Cadets should engage as the video plays
- Practice
 - Utilize any additional time to practice the movements in logical small groups before joining together as a platoon/flight for more practice!
- Assess
 - Allow students time to complete the weekly assessment in their student accounts
- Extension
 - See Enrichment Ideas

Experience-Level Differentiation:

- For NEW Cadets: New cadets should work under the close supervision of cadets in leadership/teaching roles & instructors and concern themselves primarily with understanding their individual responsibilities & mechanics for each movement covered
- For EXPERIENCED Cadets: Experienced cadets should ensure that they are “unlearning” any habits that might run counter to the information presented while simultaneously demonstrating disciplined practice etiquette and movement execution as a visual model for new cadets
- For ADVANCED Leaders: Leaders should work with cadets individually and in small groups to ensure that each cadet understands the movement AND their individual responsibilities within that movement; leaders should be mindful to create groups that facilitate individual confidence in the maneuvers even if these are not “traditional” groups such as squads/elements

Enrichment Ideas:

- In this unit, your primary enrichment is the continued practice of the maneuvers towards mastery; platoon/flight drill requires teamwork, leadership, and followership to be accomplished successfully!



Week 3

Unit: Platoon/Flight Drill
Lesson: Column Movements

Online Video(s): Week 3 Videos

Learning Objectives:

- TSWBAT Articulate the Key Components of Each Movement
- TSWBAT Articulate Key Tips for Executing Each Movement

Educational Standards:

- Texas: 117.306.c.1.A
- North Carolina: P.DM.1.2
- Washington: DA:Pr5.1.I.a

Instructional Sequence:

- Introduction
 - Use Dynamic Warm Up from Unit 1 to prepare to execute the movements
- Play Video Lessons
 - Play video lessons for cadets
 - Consider pausing periodically and ask for volunteers to SUMMARIZE key points or REFLECT on the material
 - Cadets should engage as the video plays
- Practice
 - Utilize any additional time to practice the movements in logical small groups before joining together as a platoon/flight for more practice!
- Assess
 - Allow students time to complete the weekly assessment in their student accounts
- Extension
 - See Enrichment Ideas

Experience-Level Differentiation:

- For NEW Cadets: New cadets should work under the close supervision of cadets in leadership/teaching roles & instructors and concern themselves primarily with understanding their individual responsibilities & mechanics for each movement covered
- For EXPERIENCED Cadets: Experienced cadets should ensure that they are “unlearning” any habits that might run counter to the information presented while simultaneously demonstrating disciplined practice etiquette and movement execution as a visual model for new cadets
- For ADVANCED Leaders: Leaders should work with cadets individually and in small groups to ensure that each cadet understands the movement AND their individual responsibilities within that movement; leaders should be mindful to create groups that facilitate individual confidence in the maneuvers even if these are not “traditional” groups such as squads/elements

Enrichment Ideas:

- In this unit, your primary enrichment is the continued practice of the maneuvers towards mastery; platoon/flight drill requires teamwork, leadership, and followership to be accomplished successfully!



Week 4

Unit: Platoon/Flight Drill

Lesson: Additional Movements & Marching w/ Arms

Online Video(s): Week 4 Videos

Learning Objectives:

- TSWBAT Articulate the Key Components of Each Movement
- TSWBAT Articulate Key Tips for Executing Each Movement

Educational Standards:

- Texas: 117.306.c.1.A
- North Carolina: P.DM.1.2
- Washington: DA:Pr5.1.1.a

Instructional Sequence:

- Introduction
 - Use Dynamic Warm Up from Unit 1 to prepare to execute the movements
 - Draw rifles from the armory using your existing protocols/procedures
- Play Video Lessons
 - Play video lessons for cadets
 - Consider pausing periodically and ask for volunteers to SUMMARIZE key points or REFLECT on the material
 - Cadets should engage as the video plays
- Practice
 - Utilize any additional time to practice the movements in logical small groups before joining together as a platoon/flight for more practice!
- Assess
 - Allow students time to complete the weekly assessment in their student accounts
- Extension
 - See Enrichment Ideas

Experience-Level Differentiation:

- For NEW Cadets: New cadets should work under the close supervision of cadets in leadership/teaching roles & instructors and concern themselves primarily with understanding their individual responsibilities & mechanics for each movement covered
- For EXPERIENCED Cadets: Experienced cadets should ensure that they are “unlearning” any habits that might run counter to the information presented while simultaneously demonstrating disciplined practice etiquette and movement execution as a visual model for new cadets
- For ADVANCED Leaders: Leaders should work with cadets individually and in small groups to ensure that each cadet understands the movement AND their individual responsibilities within that movement; leaders should be mindful to create groups that facilitate individual confidence in the maneuvers even if these are not “traditional” groups such as squads/elements

Enrichment Ideas:

- In this unit, your primary enrichment is the continued practice of the maneuvers towards mastery; platoon/flight drill requires teamwork, leadership, and followership to be accomplished successfully!



Week 5

Unit: Platoon/Flight Drill

Lesson: Challenges to Excellence

Online Video(s): Week 5 Videos

Learning Objectives:

- TSWBAT Articulate Strategies to Prevent Execution Errors
- TSWBAT Articulate Best Practices When Teaching/Coaching Fellow Cadets

Educational Standards:

- Texas: 117.306.c.1.A
- North Carolina: P.DM.1.2
- Washington: DA:Pr5.1.I.a

Instructional Sequence:

- Introduction
 - Ask cadets to brainstorm and make a list of the biggest issues/challenges faced when practicing drill either individually as a platoon/flight; share these lists with the entire group
 - Explain that this lesson will help prevent most common execution errors before they begin while stressing the importance of positive teaching/correctional methods
- Play Video Lessons
 - Play video lessons for cadets
 - Consider pausing periodically and ask for volunteers to SUMMARIZE key points or REFLECT on the material
 - Cadets should TAKE NOTES as the videos play
- Practice
 - If time remains, see **differentiated & enrichment activities** below; otherwise, apply this lesson to future drill practice sessions!
- Assess
 - Allow students time to complete the weekly assessment in their student accounts
- Extension
 - See Enrichment Ideas

Experience-Level Differentiation:

- For NEW Cadets: Commit to memory as many of the key concepts presented in this lesson as possible and do your best to apply them when you are able in future drill sessions
- For EXPERIENCED Cadets: Take time to examine and reflect on your past drill experiences; consider working in small groups to create a list of the issues most commonly faced and create a short plan to remediate these BASED ON THE INFORMATION PROVIDED IN THIS LESSON
- For ADVANCED Leaders: Focus on the key components of teaching; consider working in small groups with each group choosing a different platoon/flight drill maneuver and using the strategies presented to create a plan to remediate the execution that maneuver; test the plans as you are able

Enrichment Ideas:

- Consider doing a “correction lab” wherein a problem is presented and volunteers use the strategies presented to enact a fix; critique participants on their use of positive language, avoidance of simply telling the demonstrator(s) what NOT to do, etc. as was presented in the lesson material!



Week 6

Unit: Platoon/Flight Drill
Lesson: Finding Your Voice

Online Video(s): Week 6 Videos

Learning Objectives:

- TSWBAT Articulate the Importance of Proper Breathing When Giving Commands
- TSWBAT Articulate How to Give a Characteristic Command
- TSWBAT Demonstrate Several Strategies for Improving Breath Support & Vocal Projection

Educational Standards:

- Texas: 117.306.c.1.A
- North Carolina: P.DM.1.2
- Washington: DA:Pr5.1.l.a

Instructional Sequence:

- Introduction
 - Ensure that cadets are spaced adequately around the area to allow for breathing exercises to be conducted without compromising social distance; this space should be expanded as cadets will be moving large amounts of air rapidly and intentionally
 - Ask cadets to identify the characteristics of a command voice in accordance with your manual; explain that this lesson will help them develop and hone these characteristics
- Play Video Lessons
 - Play video lessons for cadets
 - Consider pausing periodically and ask for volunteers to SUMMARIZE key points or REFLECT on the material
 - Cadets should engage as the video plays
- Practice
 - See **enrichment activities** below!
- Assess
 - Allow students time to complete the weekly assessment in their student accounts
- Extension
 - See Enrichment Ideas

Experience-Level Differentiation:

- For NEW Cadets: If utilizing the enrichment idea below, practice both the command techniques presented AS WELL AS confidence; be sure to encourage one another, especially the more shy cadets!
- For EXPERIENCED Cadets: If utilizing the enrichment idea below, continue to hone command voice techniques focusing primarily on breath support and the other key elements presented in this lesson
- For ADVANCED Leaders: Encourage, support, and pump up the cadets who may struggle with sounding off in front of their peers; be sure to use positivity and motivation rather than negativity to help them find their voice!

Enrichment Ideas:

- Create two squads/elements of cadets in line facing one another. Have the cadets start roughly 6 feet apart. Choose a simple phrase such as "Hi! How are you?" Instruct cadets that upon your signal, one line will speak the phrase at the appropriate volume for the distance and that, despite the chaos, the receiving line should focus on the clarity of the message being spoken to them. Make sure cadets are instructed only to speak the phrase and NOTHING else. Give the signal and have the cadets speak across to their partner. Have the receiving line quickly let their partner know if the spoken message was clear and easily heard. Repeat so that receiving line has a chance to speak. Now, have the lines move about 4 paces further apart. Repeat the process at the appropriate volume corresponding to each distance as cadets



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progressively move further and further away. Continue to coach cadets towards using the vocal support techniques outlined in this video.

- Have cadets separate into two files facing one another but with a substantial distance between the head of each file. Instruct cadets that this exercise will be similar to the previous one but with more of a twist. In this version, the cadets in one file will ask a question of their partner in the opposite file. Because the distance should be great, the cadets will need to project their voices to have their questions heard. The responding file will sound off their answer to the question and if the message is received, both cadets will rotate to the back of their files. In this exercise, having an experienced cadet or instructor with each of the files to coach their vocal/breath support of each cadet is extremely helpful. Monitor to ensure cadets are not screaming or shouting but instead using a strong, supported voice as described in the lesson videos!